

少子高齢化の進行は、社会システム全体に大きな影響を及ぼすとともに、家族のあり方にも影響を与え、与えることが予想されます。地域のひとと人の輪を基盤として、住み慣れた地域の中で互いに支えあい、健康でいきいきと自立した生活ができる地域社会の形成を図るとともに、子どもを産み、育てやすく、生涯現役で暮らせるまちづくりを推進します。



通院困難者への定期往診  
A regular home visit by a doctor for patients who have difficulties getting to the hospital.



住民健診  
Citizens' Medical Check-up



健康は食べ物から キッズ健康セミナー  
Food is the source of energy and health - Health Seminar for Kids

- 健康の増進と予防医療の推進
- 地域完結型保健医療体制の構築
- 子育て支援の充実
- 障害者福祉の充実
- 高齢者福祉の充実
- 高年齢者福祉の充実
- 地域福祉の充実

# 保健・医療・福祉

## 「地域ぐるみでつくる健康 支えあう福祉のまち」

A welfare oriented city where communities help each other to sustain citizens' health.



いつまでも元気に健骨体操  
Forever Vigorous Life - Gymnastics for Keeping Healthy Bones



自分で血圧が測定できるように市民ふれあい講座を活用  
Utilizing Course for Citizens' Lifelong Study - to learn how to measure blood pressure

### Public Health, Medicine, and Welfare services

The falling birthrate and aging population greatly impact the entire social system and are expected to affect the style of families. We will proceed with developing a local community where people have good relationships, help each other, and lead healthy, vital, and independent lives in their community. We are creating a way of life where we help people to have families and raise children, where people can live full lives regardless of their age.

