

2024 Minamiuonuma City Infant Health Examination Calendar







As a precautionary measure against infectious diseases in group infant health checkups, individuals (or chaperones) with any of the following symptoms are not allowed to receive check-ups.

Please come to your 4mo, old health checkup wearing a tape-attachment diaper!

Persons experiencing any of the following symptoms within 2 days, I day or the same day of the check-up:

- Fever (above 37.5°C) Runny nose Coughing Rash(es) Diarrhea Vomiting Red eyes Eye discharge
- Difficulty breathing (labored breathing) or serious fatigue

XIf you are in doubt about what to do, please contact the Health Division.

-District Breakdowns-

(AII) All districts in Minamiuonuma

[North] Yamato area、Omaki • Jonai • Ikazawa districts

(South) Shiozawa area、Muikamachi district

For health checkup inquiries and notifying in case of absence, please contact:

Minamiuonuma City Healthcare Division

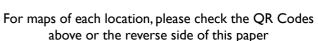
TEL 025-773-6811 FAX 025-773-6839

Shiozawa **Health Center**

Childcare Station HonoBono

Kenyukan





- The doors will open 30 minutes before check-in begins.
- For the Childcare Station HonoBono, doors will open 15 minutes before check-in begins.



Checkups	What to Bring	District	Location	Check-in Times	Health Exam Dates (based on infant's D.O.B.)												
4mo, old Health Check-up	□ Maternity Health Record Book □ Completed Medical History Form □ Healthy Parent & Child Survey 2 I □ HonoBono User Registration Form □ Bath Towel □ A spare tape-attachment diaper	All	Childcare Station	13:15-13:30 (Born 1st-15th) 14:15-14:30 (Born16th-31st.)	Dec,2023 April	Jan,2024 May	Feb.2024	Mar.2024 July	Apr.2024	May.2024	Jun.2024	Jul,2024	Aug.2024	Sep.2024	Oct,2024 February	Nov.2024 March	
			HonoBono		18 (Thu.)	30 (Thu.)	June 27 (Thu.)	25 (Thu.)	August 29 (Thu.)	September 26 (Thu.)	October 31 (Thu.)	November 28 (Thu.)	December 19 (Thu.)	January 30 (2025) (Thu.)	27 (2025) (Thu.)	13 (2025) (Thu.)	
Cheming Class [Appointments must be scheduled at least one day in advance,]	 □ Maternity Health Record Book □ Completed Medical History Form □ Weaning Beginner's BOOK □ HonoBono User Registration Card □ Bath towel 	All	Children Costing	9:45 ~ 10:00	Sep.2023	Oct,2023	Nov.2023	Dec.2023	Jan,2024	Feb.2024	Mar.2024	Apr.2024	May.2024	Jun.2024	Jul.2024	Aug.2024	
			Childcare Station HonoBono		April 24 (Wed.)	May 22 (Wed.)	June 26 (Wed.)	July 31 (Wed.)	August 28 (Wed.)	September 25 (Wed.)	October 30 (Wed.)	November 27 (Wed.)	December 25 (Wed.)	January 22 (2025) (Wed.)	February 26 (2025) (Wed.)	March 26 (2025) (Wed.)	
10mo, Health Check-up		10-Month-Old Health Checkups are done individually and must be scheduled at a hospital. Please do not forget.															
1 yr old Dental Check-up	 ☐ Maternity Health Record Book ☐ Completed Medical History Form ☐ Bath towel ☐ Spare toothbrush ☐ ¥300 for fluoride rinse ☐ HonoBono User Registration Card 	All		13:15 ~ 13:35	Mar,2023	Apr.2023	May.2023	Jun,2023	Jul,2023	Aug.2023	Sep.2023	Oct,2023	Nov.2023	Dec.2023	Jan.2024	Feb.2024	
			Childcare Station HonoBono		April 24 (Wed.)	May 22 (Wed.)	June 25 (Tue.)	July 31 (Wed.)	August 28 (Wed.)	September 24 (Tue.)	October 30 (Wed.)	November 26 (Tue.)	December 17 (Tue.)	January 28 (2025) (Tue.)	February 26 (2025) (Wed.)	March 26 (2025) (Wed.)	
1.5 yr old Health and Dental Check-up	 □ Maternity Health Record Book □ Completed Medical History Form (2 copies) □ Healthy Parent & Child Survey 21 □ Bath towel □ Spare toothbrush □ ¥300 for fluoride rinse 		ble check the district breakdowns	13:00 ~ 13:20	Sep.2022	Oct,2022	Nov.2022	Dec.2022	Jan,2023	Feb.2023	Mar.2023	Apr.2023	May.2023	Jun,2023	Jul,2023	Aug.2023	
		North	Kenyukan		April 12 (Fri.)	May 17 (Fri.)	June 7 (Fri.) [Kenyukan]	July 12 (Fri.)	August 30 (Fri.)	September 27 (Fri.)	October 18 (Fri.)	November 8 (Fri.)	December 6 (Fri.)	January 10 (2025) (Fri.)	February 21 (2025) (Fri.)	March 14 (2025) (Fri.)	
		South	Shiozawa Health Center		April 19 (Fri.)	May 10 (Fri.)		July 19 (Fri.)	August 9 (Fri.)	September 13 (Fri.)	October 11 (Fri.)	November 15 (Fri.)	December 20 (Fri.)	January 17 (2025) (Fri.)	February 14 (2025) (Fri.)	March 21 (2025) (Fri.)	
2 yr old Dental Check-up	 □ Maternity Health Record Book □ Completed Medical History Form □ Bath towel □ Spare toothbrush □ ¥300 for fluoride rinse 	All	Kenyukan	13:15 ~ 13:35	Mar.2022	Apr.2022	May.2022	Jun.2022	Jul,2022	Aug.2022	Sep.2022	Oct,2022	Nov.2022	Dec,2022	Jan.2022	Feb.2022	
					April 11 (Thu.)	May 23 (Thu.)	June 20 (Thu.)	July 11 (Thu.)	August 22 (Thu.)	September 19 (Thu.)	October 17 (Thu.)	November 21 (Thu.)	December 12 (Thu.)	January 23 (2025) (Thu.)	February 20 (2025) (Thu.)	March 6 (2025) (Thu.)	
2 .5 old yr old Dental Check-up	□ Maternity Health Record Book □ Completed Medical History Form □ Bath towel □ Spare toothbrush 1 本 □ ¥300 for fluoride rinse	All	Kenyukan	9:15 ~ 9:35	Sep.2021	Oct,2021	Nov.2021	Dec.2021	Jan,2022	Feb.2022	Mar.2022	Apr.2022	May.2022	Jun.2022	Jul.2022	Aug.2022	
					April 11 (Thu.)	May 23 (Thu.)	June 20 (Thu.)	July 11 (Thu.)	August 22 (Thu.)	September 19 (Thu.)	October 17 (Thu.)	November 21 (Thu.)	December 12 (Thu.)	January 23 (2025) (Thu.)	February 20 (2025) (Thu.)	March 6 (2025) (Thu.)	
3 yr old Health and Dental Check-up		Please double check the district breakdowns			Mar.2021	Apr,2021	May.2021	Jun.2021	Jul,2021	Aug.2021	Sep.2021	Oct,2021	Nov.2021	Dec.2021	Jan.2022	Feb.2022	
		North	Kenyukan	13:00 ~ 13:20	April 26 (Fri.)	May 24 (Fri.)	June 21 (Fri.)	July 26 (Fri.)	August 23 (Fri.) [Kenyukan]	September 20 (Fri.)	October 25 (Fri.)	November 22 (Fri.)	December 13 (Fri.) [Kenyukan]	January 24 (2025)	February 7 (2025) (Fri.)	March 7 (2025) (Fri.)	
		South	Shiozawa Health Center		April 17 (Wed.)	May 8 (Wed.)	June 5 (Wed.)	July 10 (Wed.)		September 11 (Wed.)	October 9 (Wed.)	November 13 (Wed.)		(Fri.) [Kenyukan]	February 19 (2025) (Wed.)	March 19 (2025) (Wed.)	

2024 Minamiuonuma City Infant Health Examination Calendar

Notices for individual health check-ups will not be sent out. Please make note of the health exam dates on this calendar relevant to your child.

Health examinations are conducted to assist your child's healthy growth and development. They are different from the medical and dental health check-ups for nursery school. Please try to get your checkup done during the appropriate month!

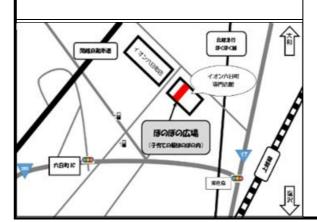
- 1 Health examinations are scheduled based on your child's date of birth. Please check the calendar on the reverse side for your child's specific health checkup dates.
- 2 If you can't make your scheduled check-up date, please contact the Healthcare Division in advance.
- ③ We ask that you please read the **Infectious Diseases Preventive Measures in Infant Health Checkups** (on the reverse side.) and for your understanding and cooperation in following these measures.

XPlease make sure to confirm the date, location, and check-in time before going to your designated check-up. Dates and check-in times on this calendar are susceptible to change. Please check the Minamiuonuma City website for updates.

[Locations for Health Exams & Classes]



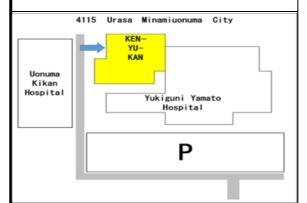
Childcare Station HonoBono



Address: 3079 Yokawa, Minamiuonuma

- **☆4** mo. old Health Check-up
- ☆Chewing Class (Weaning Class)
- ☆ I year-old Dental Check-up

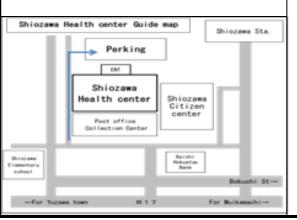
Yukiguni Yamato Hospital Kenyukan 2nd Floor



Address: 4115 Urasa, Minamiuonuma

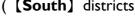
- ([North] districts)
- ☆2-year-old Dental Check-up
- ☆2 I/2-year-old Dental Check-up
- ☆3-year-old Health & Dental Check-up
- (**North** districts)

Shiozawa Health Center 2nd Floor



Address: 1370-1 Shiozawa, Minamiuonuma

- ☆I I/2-year-old Health & Dental Check-up
- (**South** districts)
- **☆3-year-old Health & Dental Check-up** (**South** districts)





Minamiuonuma City

Healthcare Division

TEL 025-773-6811